

**SPDM-GN | Portuguese Society of Inherited Metabolic Diseases – Nutrition Group**

## **Nutritional Treatment of Organic Acidurias**

**Formação pós graduada | Post graduate education**  
Lisbon, December 6<sup>th</sup>, 2019

**Hotel Tivoli Oriente**

**8:15h Welcome coffee**

**8:25h Opening** – *Manuela Ferreira de Almeida, Nutritionist, SPDM-GN Coordinator*  
*Centro de Referência de Doenças Hereditárias do Metabolismo - CHUP, EPE*

**8:30h-10:30h Organic Acidurias**

*Anita McDonald – Metabolic Dietitian, Birmingham Children’s Hospital, UK*

- Overview in OA defects
- Guidelines for OA defects in daily practice
- Nutritional management of acute illness in OA defects (Emergency Regimes)
- Long-term dietary management in OA defects, nutritional treatment strategies and supplementations
- Nutritional monitoring

**10:30-11:00h Coffee Break**

**11.00-13.00h Clinical Cases Workshop**

**Organic Acidurias - Nutritional examples and challenges**

*Anita McDonald – Metabolic Dietitian, Birmingham Children’s Hospital, UK*

Chaired by: *Sandra Mexia, Nutritionist, CHULN, Lisbon*  
*Carla Correia, Nutritionist, CHULC, Lisbon*

**13:00h Closing Remarks**

**Sponsored by**

**INSCRIÇÕES LIMITADAS**

PARA INFORMAÇÕES ACERCA DA INSCRIÇÃO,  
POR FAVOR CONTACTE: [filipa.vilela@nutricia.com](mailto:filipa.vilela@nutricia.com)

**NUTRICIA**  
**Metabolics**  
Inspiring Futures