

**SPDM-GN | Portuguese Society of Inherited Metabolic Diseases – Nutrition Group**

**Nutritional Treatment of Fatty Acid Oxidation Defects**

**Formação pós graduada | Post graduate education**  
Porto, December 7<sup>th</sup>, 2018

Sala Mundo Novo – Rua Sá da Bandeira Nº 91, Porto

**10:30h** Welcome coffee

**10:55h** Opening *Manuela Ferreira de Almeida, Nutritionist (Coordenadora do Curso)*  
Centro de Referência de Doenças Hereditárias do Metabolismo - CHP EPE  
SPDM-GN Coordinator

**11:00h-13:00h** **Fatty acid oxidation defects (FAOD)**

*Anne Daly – Metabolic Dietitian*

Birmingham Women's and Children's NHS Foundation Trust, UK

- Overview in FAOD (VLCAD; LCHAD; MCAD; SCHAD; CPT I; CPT II; CACT and MAD)
- Guidelines for FAOD in daily practice
- Nutritional management of acute illness in FAOD (Emergency Regimes)
- Long-term dietary management in FAOD, nutritional treatment strategies and supplementations
- Nutritional monitoring

**13:00-14:30h** Lunch

**14.30-16.30h** **Clinical Cases Workshop**

**Fatty acid oxidation disorders - nutritional examples and challenges**

*Anne Daly – Metabolic Dietitian*

Birmingham Women's and Children's NHS Foundation Trust, UK

Chaired by: *Carla Vasconcelos, Nutritionist - Centro de Referência de Doenças Hereditárias do Metabolismo - CHSJ EPE, Porto*  
*Ana Vieira, Nutritionist – CHVNG EPE, Gaia*

**16:30h** Closing Remarks and Farewell Coffee

**INSCRIÇÕES LIMITADAS**

PARA INFORMAÇÕES ACERCA DA INSCRIÇÃO,  
POR FAVOR CONTACTE: filipa.vilela@nutricia.com

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